On behalf of the staff we would like to take this opportunity to say thank you for all your support and we wish you and your families a happy and safe holiday. Students return to school on Tuesday, 16th July.

Happy holidays.

Mona Vale Planner

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<thead>
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<th>Week 1</th>
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<tr>
<td>Monday 15th July</td>
<td>Staff Development Day</td>
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<tr>
<td>Tuesday 16th July</td>
<td>Students Return</td>
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<td>Athletics Carnival</td>
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<td>All Year 3-6 students need to be at school by 7:45am</td>
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<td>Wednesday 17th July</td>
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<td>2c, 2G and some of 2B West Head excursion</td>
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<td>Thursday 18th July</td>
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<td>PCS choir rehearsal at Wheeler Heights</td>
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<td>Friday 19th July</td>
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<td>2K, 2BT and some of 2B West Head excursion</td>
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<th>Week 2</th>
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<tr>
<td>Monday 22nd July</td>
<td>Herman and Rosie performance –for Book Week</td>
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<td>Tuesday 23rd July</td>
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<td>Wednesday 24th July</td>
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<td>Thursday 25th July</td>
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<td>Friday 26th July</td>
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2013 School Term Dates

Term 3: Staff Development Day – Monday July 15, 2013
Students Return – Tuesday July 16, 2013
Last day for students – Friday September 20, 2013

Term 4: Students and Staff return Tuesday October 8, 2013
Last day for students – Wednesday December 18, 2013
Staff Development Days – Thursday Dec 19 & Friday Dec 20, 2013

From the Office

Administration hours are Monday to Friday 8.30am – 3.15pm

Year 6 Emails
Thank you to our Year 6 Parents who have already registered their email address to be on the Year 6 distribution list. Please note this is separate to our Mona Vale Mail distribution list which works on the basis of the youngest child in each family. Information will be sent via the usual newsletter and also to the Year 6 distribution list. If you would like to be on the Year 6 distribution list please email the school on monavale-p.school@det.nsw.edu.au with your child’s name and class. Please write Year 6 Distribution list in the subject line. This distribution list will be used by the school, Year 6 Teachers, and Parents who are organising end of year activities.

K-6 Athletics Carnival - Reminder
The whole school Athletics Carnival will be held on Tuesday 16th July – This is the first day back for students in Term 3!

Copies of the notes are posted on the school website under Notes/Term 3 Notes for your convenience.
All Year 3-6 students need to be at school by 7:45am on Tuesday 16th July as buses are departing at 8am. Please put this note on your fridge and a reminder in your phone! It is easy to forget over the holidays.

Stewart House Bags
If you feel like having a cupboard cleanout in the holidays, we have distributed the Stewart House bags to students. Please return bags by Friday 19th July to the back of the school hall for collection by Stewart House.

Thanking you
Leonie Gallard
School Administration Manager

We have had a fantastic response to the Woolworths Earn & Learn program. Over the holidays I will be working out how many Earn and Learn points we have collected to be redeemed for fantastic resources for our school. I will update again early next term. Thanks again for all your support!

Tara Sheppard

Sam Bloom - raffle tickets
Thank you to everyone for purchasing raffle tickets for Sam Bloom and her rehabilitation. We have three winners.
First prize went to Jackie Sinclair (Harley and Kiefer) a two nights stay in Novatel Hotel in Manly.
Second prize, Jenny Honour.
Third prize, Elaine Mellor.
All the mothers that won are from Mona Vale School!
Congratulations everyone!
Canteen

Thanks to all the Canteen volunteers this Term. It’s been lovely chatting away :) 

Thanks to Mel, Michelle and Olivia for all their hard work this Term.

**Important notice** - Next Term - the canteen will **NOT be open on TUESDAY 16th JULY** as it’s the School’s Athletics Carnival. **Even if the Carnival is cancelled due to bad weather - the Canteen WILL NOT be open.**

If you would like to volunteer in the Canteen - pop in sometime or give Mel or me a ring on 9997 2442.

Hoping you all have a happy and safe holiday.

See you in Term 3.

Rebecca

Chess News

**Tournament results**

The Chess Club has had a busy term, most recently competing at Scots College last Friday and Bilgola Plateau Public School this week for another heat of the Interschool Chess Challenge 2013.

MVPS had already qualified to send five players to the semi-finals of the Interschool Chess Challenge next term. Thanks to our well-deserved second place at the Curl Curl tournament. With this week’s excellent results achieved by Ryan Tauhid (1st overall), Lily Chen (2nd overall) and Jiaye Zou (3rd overall) the school finished in third place. MVPS is now entitled to send 10 players to the next stage.

At the Scots Tournament Mona Vale A team of Tyler, Henry Cross and David Tulk placed 5th from 32 teams and the girls team of Zoe Tulk, Lily Chen and Claudia Choi placed 20th and were the second best girls team. Many thanks to Amelia Cross for driving one team and staying at Scots all day to supervise our players.

As Miro our senior coach commented this week “We have great depth at the Mona Vale Chess Club at the moment”.
MVPS will be represented at a number of external tournaments next term and in Term 4 we will host our second large competition for the year, the NSW Chess League’s One Day Northern Beaches tournament on November 6th in the hall.

Chess monitor program back in Term 3

Thanks to all the senior players who have already volunteered for the chess monitor program which is restarting next term. Senior advanced players will go on a roster to assist the junior coach and players Thursday lunchtimes in the Library Connected classroom. The roster will be drawn up over the holidays and if we are short of volunteers families of grade 6 players may be approached to support the program, which is a great way for the seniors to mentor the juniors.

New enrolments for Term 3

The Chess Club will happily take new enrolments at the start of Term 3. The enrolment form is available in a hard copy from the office and in a digital copy from the school website.

Thanks to all our wonderful parent volunteers who supported the club this term and congratulations to the club members from those just starting out in Kindy, to those representing their school and achieving the highest results.

Wishing you all a safe and happy holiday.

Lisa Ratcliff
Volunteers Chess Club Chair/Convenor

Kids Matter at Mona Vale

When conflict is unresolved, it can affect children's confidence and friendships. In some cases it can also affect children's mental health. Please see more suggestions and steps for parents and caregivers to help children learn to resolve conflict.
Learning to resolve conflict

Van's friend Eli had come over to play. They played outside for a while and then decided to play a new game on the computer.

From the other room Van's father could hear the sounds of the computer and the boys. They were obviously enjoying the game. But after a while something changed. Eli was starting to get frustrated.

"It's my turn, Van," said Eli. "Come on! It's my turn," he said again.

"Stop being such a pain. You've already had a turn," Van replied.

"But you've had more. You're hogging it!" said Eli. "No I'm not," said Van. "Anyway you always hog the games at your house."

"I do not!" yelled Eli.

It was getting serious, and Van's father decided it was time to help them sort it out. "What's going on, boys?" he asked them. "Nothing," said Van. "Van won't let me have a turn," said Eli. "I'm sure if we talk about this we can work it out," said Van's father.

Whether they get into an argument over a game, what to watch on TV, or whose turn it is to clean up, conflicts are common in children of primary school age. Conflict is a normal part of human relationships. Sometimes conflicts blow over, but sometimes they don't.

Adults may believe it's best to let children sort things out by themselves. The problem with this is that often children get into conflict because they don't have the skills to solve it themselves. If left alone the conflict gets bigger. Usually then the person who is louder, stronger or more aggressive wins.

Unresolved conflicts can spoil friendships and affect children's confidence. When conflicts are left simmering they can negatively affect children's mental health.

The things that children get into conflict over may seem minor to adults but they are real issues for children.

Children do need adult help to solve conflicts. The best way to help them is not to simply tell them what they should do. It works better to act as a 'coach' and help children find a solution that suits everybody. When children work out solutions this way, they learn valuable skills that can help them resolve conflicts more effectively. With good coaching they can learn to use the skills of conflict resolution even when you're not around.
Skills for conflict resolution

The skills needed for effective conflict resolution include thinking skills for problem solving, as well as skills for managing emotions and communicating with others.

The key conflict resolution skills are:

- being able to control angry or anxious feelings
- learning to listen even when you disagree
- understanding the other person’s opinions and feelings
- being able to think of different solutions
- exchanging ideas with the other person
- finding ‘win-win’ solutions.

How parents and carers can help

Using the steps of conflict resolution to coach children to come to their own solutions helps them learn the skills they need. Learning to resolve conflict successfully takes good coaching and lots of practice.

Coaching children to resolve conflict

Step 1. Help children see conflict as a problem they can sort out fairly, with help. For example, you might say: “It looks like there’s a problem here. I’m sure if we talk about it we can sort it out.”

Step 2. Get each child to explain how they see the conflict. Get them to focus on what they want or need, and what their concerns or worries are, rather than blaming the other person.

Step 3. It is often helpful for the coach to then re-state the concerns of both parties. “So, Eli, you’re worried that you won’t get a turn; and Van, you’re trying to make it to the next level of the game and you’re worried that if you stop now you won’t get to it.”

Step 4. Get children to suggest at least three different solutions. “What are some ways to solve this so you can all feel okay about it?” If they can’t think of any, offer some ideas for them to think about.

Step 5. Help children agree on a solution that will work and put it into action.

Step 6. Praise them for sorting it out.

Further information on helping children resolve conflict is available in the KidsMatter resource pack at your school on Learning to resolve conflict.

The following web pages may also be of interest:


This resource is part of the KidsMatter Primary Initiative. The team at KidsMatter welcomes your feedback at www.kidsmatter.edu.au
Mona Vale Public School
Awards Structure

A combination of any 5 small coloured merits earns a BRONZE Certificate of Merit.

A total of 5 awards consisting of either: 5 Bronze Certificates or 4 Bronze Merits and 1 Student of the Week earns a SILVER Certificate of Merit. (Student of the week must have been obtained in the current school year.)

2 Silver Certificates earn a GOLD Certificate.

2 Gold certificates earn a MEDALLION.
You are invited to attend the Peninsula Community of Schools Art Exhibition in celebration of the Guringai Festival

"Live Life Loudly"

Please come along and enjoy the “UNITY in our CommUNITY Art Exhibition” showcasing student work from Kindergarten to Year 12 of the Peninsula Community of Schools.

Where: Wheeler Heights Public School
Veterans Parade Wheeler Heights

When: Wednesday 26th June

Time: 5:00pm – 7:00pm (Official Welcome at 5:30pm)

Admission: Gold coin donation
(Funds raised support Literacy backpacks)

Light refreshments will be available