Have you downloaded our school app?
If not go to the app store and search Mona Vale Public School.
Our app is now our first line of communication to parents.

Mona Vale Manners

Week 11 – Offer help to someone who has many things to carry.
(begins Monday 14th December)

Mona Vale School App

Please go to the App Store and download – allow push notifications.

School App

Have you downloaded our school app?
If not go to the app store and search Mona Vale Public School.
Our app is now our first line of communication to parents.

Use this app if you have an ANDRIOD

Use this app if you have an APPLE

Under Mona Vale Public School
Public School Active School Apps

Under Mona Vale
Leigh Kostiainen
On behalf of myself and all the wonderful staff of Mona Vale PS I would like to wish everyone a very Merry Christmas and a happy and festive New Year.

Administration hours are Monday to Friday 8:30am – 3:15pm

THANK YOU FOR READING OUR NEWSLETTER!

TEXT AND EXERCISE BOOKS
Years 3-6 are able to order their text and exercise books online now.

K-6 order Exercise Books through Five Senses online and Text Books can be ordered through Dominie online NOW. We would appreciate it if you can order promptly as this will make sure all the books are delivered to the school ready for day 1, 2016!

Please go to our website www.monavale-p.schools.nsw.edu then go to the Notes and Forms tab/Planning for 2016.

SCHOOL APP UPDATE
There were some bugs in the school app, such as being unable to scroll multiple pages on an ipad/iphone. These bugs have now been fixed. Go into updates on your device and update your app to benefit from the changes.

Soon we will be able to target our messages at specific groups eg if a message only relates to a particular year group. Stay tuned next year for instructions on how to tweek your app so you get the messages that only relate to you.

WINDOWS BASED PHONE ALTERNATIVE IF YOU CAN’T DOWNLOAD THE APP
Mark Welch, President of the P&C has found a solution for people who have a windows based phone ie not apple or android and therefore can’t download the App, however, have a web browser on their phone. There is an alternative available to access content in a similar way to those with the App. Of course people can simply go straight to the school website as always, however this option does give the App look and feel to the school website content – there are some limitations however. The developer is working on a version of the App for Windows phones.
Scope: These instructions can be used by any phone that has a web browser in it.

Instructions: Go to the (HTML 5) version of the School App via this link http://apps.activemobileapps.com/html5/?appcode=MonaVPS. This website will give you a similar look and feel to the School App. Create an icon of this website on your phone for reuse.

Limitations: The App push notifications are not available via this channel. However you will be able to see the newsletters, notes, and any other permanent content on the school website that you access via the App.

THINK YOU HAVE MISSED ANY INFORMATION?
Our school website www.monavale-p.school@det.nsw.edu.au is your go to place for what is happening at Mona Vale PS.

Newsletters can be viewed anytime by clicking the “newsletter” tab, this allows you to read the newsletter when it is convenient to you. Whether that is in your office on a desktop, on your phone during swimming lessons, or by the pool in Bali!

Notes, Forms and Information can be found on the Notes and Forms tab. This is also where any additional information that has been sent out on the app will be found, filed under the current Term.

The Planning for 2016 tab is also found under the Notes and Forms tab, here you will find all the information you need to plan for 2016. All of our Stationery Requirement lists are there, so if Santa wants to get some shopping done they make great stocking fillers!

BUS PASSES FOR 2016
If you are in K,1,3,4,5 & 6 and you hold a bus pass for 2015, you will automatically be issued with a Student Opal Card in 2016. Students in Year 2 and new students to Mona Vale Public School will need to apply for a Student Opal Card in 2016. See our website for details or follow the link https://apps.transport.nsw.gov.au/ssts/howToApply

Thanking you

Leonie Gallard
School Administration Manager
<table>
<thead>
<tr>
<th>Week 10</th>
<th>Monday December 7th</th>
<th>Tuesday December 8th</th>
<th>Wednesday December 9th</th>
<th>Thursday December 10th</th>
<th>Friday December 11th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 6 Play</td>
<td>Year 6 Play</td>
<td>Year 3 Buddy Training Day</td>
<td>Presentation Day - Full summer uniform – NO sports uniform please</td>
<td>10am-11am Kindergarten 2016 welcome assembly</td>
<td></td>
</tr>
<tr>
<td>Intermediate Chess Club – lunch</td>
<td>K-6C &amp; 3-6S @ Tiger Tennis</td>
<td>Advanced Chess Club – lunch</td>
<td>3-6 9:30am-11am K-2 12:30pm-1:30pm</td>
<td>4pm Super Strings Soiree – Senior, Intermediate &amp; Tyro Strings Ensembles - Hall</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 11</th>
<th>Monday December 14th</th>
<th>Tuesday December 15th</th>
<th>Wednesday December 16th</th>
<th>Thursday December 17th</th>
<th>Friday December 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 5 Surf School</td>
<td>Year 5 Surf School</td>
<td>Talent Quest 1:30pm-2:30pm Year 6 Graduation Assembly</td>
<td>Staff Development Day</td>
<td>Staff Development Day</td>
<td></td>
</tr>
<tr>
<td>Year 6 Fun Day</td>
<td>Year 5 Surf School</td>
<td>Last day for students</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6pm-9pm Year 6 Farewell</td>
<td>Year 5 Surf School</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kinder class parties</td>
<td>Year 5 Surf School</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intermediate Chess Club – lunch</td>
<td>Year 5 Surf School</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Week 1</th>
<th>Monday January 25th</th>
<th>Tuesday January 26th</th>
<th>Wednesday January 27th</th>
<th>Thursday January 28th</th>
<th>Friday January 29th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australia Day</td>
<td>Staff Development Day</td>
<td></td>
<td></td>
<td></td>
<td>Year 5 OC Students commence</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Kindergarten 2016 Best Start Assessments</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Week 2</th>
<th>Monday February 1st</th>
<th>Tuesday February 2nd</th>
<th>Wednesday February 3rd</th>
<th>Thursday February 4th</th>
<th>Friday February 5th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten 2016 Best Start Assessments</td>
<td>Kindergarten start</td>
<td>9:15am Tea &amp; Tissues for Kindergarten parents (hall)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Buddy Afternoon Tea - 2pm</td>
<td>9:15am Tea &amp; Tissues for Kindergarten parents (hall)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Page 4
2015 SCHOOL TERM DATES

Term 4: Last day for students Wednesday 16th December

2016 SCHOOL TERM DATES

Term 1: Staff Development Day - Wednesday 27th January 2016
   Students return - Thursday 28th January (Years 1-6)
   Year 5 OC students return – Friday 29th January
   Kindergarten Best Start Assessments – Thursday 28th,
   Friday 29th January & Monday 1st February
   Kindergarten starts - Tuesday 2nd February
   Easter Break – Friday 25th – Monday 28th March
   Students return - Tuesday 29th March
   Last day of term - Friday 8th April

Term 2: Staff Development Day – Tuesday 26th April 2016
   Students return – Wednesday 27th April
   Last day of term – Friday 1st July

Term 3: Staff Development Day – Monday 18th July 2016
   Students return – Tuesday 19th July
   Last day of term – Friday 23rd September

Term 4: Students and Staff return – Monday 10th October 2016
   Last day for students – Friday 16th December 2016
We are sure you will agree that 2015 has been a wonderful year of community events and achievements at Mona Vale with the Meet the Buddies afternoon tea, Tea and Tissues, Moonlight Cinema, Mother’s Day Gift Stall, the Father’s Day Breakfast, Grandparents Day and Kindergarten Orientation. We held our biggest event of the year last Friday night at Christmas Carols with over 1100 children performing their grade carols on the fabulous stage truck sponsored by P&C, playing in the band and having a wonderful night on the oval led by the unstoppable Jacqui Shaw! Crowd favourites fairy floss, popcorn, drinks and lollies were all sold as was delicious fresh fruit sorbet made by our wonderful parents and Thermomix ladies, Anthea and Amanda who generously donated their proceeds for the night. Over $3500 was made across all of these stalls which is a big contribution back to the P&C for projects in 2016. This is your wonderful school community and you make these great events happen! We hope that these events and more continue to get bigger and better in 2016!

A NEW APPROACH TO VOLUNTEERING FOR P&C EVENTS IN 2016
In response to the growth of our school, Mona Vale Public School P&C in conjunction with the school will be implementing a new approach to organising volunteering for events. In line with many other schools and community groups, we will be adopting a more targeted approach aimed at sharing the volunteer workload and leveraging the entire parent school community throughout the year. This approach will also help parents be involved with parents in the same grades as their children and take up opportunities to volunteer that match their child’s school journey.

For specific annual events each year group will be allocated to that event to provide volunteer assistance. The class parent network will be utilised to arrange the volunteer roster and allocate tasks. The P&C will provide organisational support. This new approach will be implemented in 2016. Look out for the exciting opportunities in 2016 to volunteer for your grade’s allocated events! Current Kindergarten and Year 3 parents should have already received an email from your class parents with information on how to be involved in Meet the Buddies and Tea and Tissues for 2016.

THANK YOU!
Which leaves me with the pleasure of saying thank you to all you parents who have so generously provided your time, input and support for all P&C activities during the year whether through social and events, band, chess, canteen, uniform shop and many other activities. It’s time for some committee chairs to move on and there are many roles available for next year including Social and Events committee, Chess committee, Canteen committee and other roles within P&C executive. Please come along to our AGM Week 5 2016 to get involved! Many hands make light work! You need no qualifications other than to be a parent at this wonderful school and I am sure like many of us, you will find it rewarding.

Our sincere thanks are not enough for the school executive who support each and every event, activity and the vision of the P&C through the leadership of Greg Jones. My particular thanks go to the wonderful Leesa Martin, Leonie Gallard and Shirlee Ann Curtis who encourage and support us week after week.

Finally, as my committee and I are all having a break next year I would like to thank them from the bottom of my heart for their hard work, support and always being there when needed despite having busy family and working lives – Jackie Kenny, Tash Patch, Anita Royle, Sarah Saunders, Julie Shirdon, Cathie Stewart, Clare Wilson and my absolute stalwart and wonder woman Mel Sims - it’s been an absolute pleasure ladies!

Tanya van der Wall
For the second consecutive year, Steve and Dee from the Quays Marina at Bayview very generously gave up their day to take the MVPS support unit’s students, their parents and support unit staff on a boat trip to the Basin! Everyone had a fantastic day and enjoyed the rather fast boat rides to and from the Basin.

The outing enabled our students and their family members to interact with one another in a relaxed, social, exhilarating and fun setting, enjoying games of cricket, soccer, and Gripball along with some close encounters with the local wildlife! It was a great way to celebrate a wonderful year of learning as well as the International Day of People with Disability.

The Quays Marina provided a lovely BBQ lunch which was enjoyed by all. We would like to thank Steve, Dee and The Quays Marina Bayview, for a fabulous day on the Pittwater. Everyone had a fantastic time!

"We would like to thank the mums, dads and grandparents who joined us for the very special day".
When it was Christmas time there was a present under the tree and it was a bucket and spade.  
By Noah B KR

On Christmas Eve, Randy was gazing down the stairs with excitement. Under the wonderful Christmas tree there was a colourful bucket and spade. It was the best present ever.  
By Rohan D 1P

I was so excited! It was Christmas Day and we were at the Christmas Fair. The 20 meter Christmas tree was lit up like shining stars, right next to a shimmering swimming pool. Santa was doing laps like a trouper trying to collect presents from the bottom.

A giant wheelbarrow was waiting for him on the surface. "Ahhhh!" I screamed, as a present flew right at my feet. It was a bucket and a spade, just what I wanted!  
By Ellie C 3F

Bump! Smash! Smack! Jingle! Whoosh! I ran down the creaky stairs and thought I heard Santa. When I got there he was gone, but he had left presents underneath the Christmas tree. They were wrapped in white and blue snowflake paper. I tried to guess what they could be. Could one possibly be a bucket and spade to use in the swimming pool? Or a mini wheelbarrow for small things? I simply couldn’t guess. Then I carefully pulled off the paper…  
By Sophie B 4G

"Eww" I say, disgusted. "What's in this?" "Carrot, potato, spinach and leek, with some bread to hold the sandwich together" said my brother proudly. "Oh!" I exclaimed. "What's the use by date?" "18th of December" he announced. "What year?" I ask, clenching my stomach. "1887" he stated, looking a bit worried. He took one step back and ran off. The more I thought about it, the more I felt sick, the more I felt like it wasn't Christmas. I ran off to the wheelbarrow but didn't get there in time. So I ended up being sick all over the ground. I got a bucket and spade and started to cover the evidence when I heard dad shouting, "Imms, want to go for a swim?" "Okay" I shout back as loud as I can. Maybe a swim would make me feel better. Whenever I go in the pool I feel better. I passed the glistening Christmas tree as I went inside to get changed and thought to myself, maybe Christmas would be okay after all.  
By Imogen K 5G

No one can know what I am doing...I've hidden my plans from my family for the past month and I don't intend telling anyone yet. I plan on ruining the Christmas tree! I can't wait to see the look on their faces when they see it at the bottom of the swimming pool! I plan on breaking the tree with the spade and use the bucket to throw five kilos of wet cement on top of it. Furthermore, I will use the wheelbarrow to dump the tree in the swimming pool....  
Merry Christmas Mummy and Daddy.....  
By Martin T 6M
A recent major independent research study found that the results of students using Mathletics are up to 9% higher in external Government testing.

### Class Winners

<table>
<thead>
<tr>
<th>Grade</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>2TH</td>
</tr>
<tr>
<td>3-6</td>
<td>5BC</td>
</tr>
</tbody>
</table>

### Individual Winners

<table>
<thead>
<tr>
<th>Name</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lucas J</td>
<td>2TH</td>
</tr>
<tr>
<td>David T</td>
<td>5S</td>
</tr>
</tbody>
</table>

### Class Winners

<table>
<thead>
<tr>
<th>Grade</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>1D</td>
</tr>
<tr>
<td>3-6</td>
<td>4V</td>
</tr>
</tbody>
</table>

### Individual Winners

<table>
<thead>
<tr>
<th>Name</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arabella C</td>
<td>1D</td>
</tr>
<tr>
<td>Hamish W</td>
<td>4V</td>
</tr>
</tbody>
</table>
This week’s topic from the Live Life Well Team is:

- Children eat different amounts of food according to their growth patterns. For smaller appetites pack smaller serves – cut sandwiches into quarters and chop up fruit into bite size pieces.
- Calcium is lacking in many children’s diets – provide a calcium-rich food like milk, cheese or yoghurt every day. Children under two years of age need full-cream milk and dairy products for extra energy.
- Fruit has more fibre and less kilojoules than fruit juice. Make fruit a regular lunch box item.
- Include water as a daily drink, with fruit juice as an occasional treat.

FOODS TO LIMIT IN YOUR CHILD’S MEALS AND SNACKS

The following foods are high in refined sugar, salt and/or saturated fat and therefore should be limited:
- Sandwich fillings like honey, golden syrup, jam, chocolate spread and hundreds and thousands.
- Cream-filled and chocolate biscuits, cream cakes and pastries.
- Chocolate bars, lollies, snacks such as potato chips, corn chips and cheezy snacks.
- Soft drinks, cordials, flavoured mineral waters and sweetened condensed milk.
- Drinks and snacks containing caffeine.

Make other choices from the ideas given in this booklet.

Regards

Mrs Kristy Waterhouse
Classroom Teacher
Uniform Shop Details

REGULAR OPENING HOURS

Mondays 2:30pm-3:00pm  
Tuesdays & Thursdays 8:30am-10:30am

Email: uniformshop@monavalepspca.com.au

ON SALE – we are selling the old style girls summer dress for $36.00. We currently have sizes 4-16 in stock. If you have any uniforms hanging around the house that your kids have outgrown please bring them in to the uniform shop and we can sell and all profits go back into the school.

A big THANK YOU to all my volunteers who have helped out during the year, Sarah Beckett, Nadine Phillips, Trudi Seymour, Karen Richmond, Hannah Jones, Michelle L Cruerer, Veronica Sewell, Tanya van der Wall, Therese Creed, Rebecca Scicluna, Robbie Brown and Mel Sims.

Thank you to the Year 6 girls who have helped out during the year, Georgia Bonadio, Jayme Saggers, Lily Douglas, Sara Mwanga, Mia Paltridge and Siena Maudson.

The Uniform Shop will be open in the holidays on Thursday 21st (9am-12pm) and Wednesday 27th January 2016 (8:30am-12pm).

Jenny and I would like to wish everyone a very Merry Christmas and Happy New Year.

Volunteers are always needed so if you can spare a couple of hours once or twice a month, please email Kylie your contact details to uniformshop@monavalepspca.com.au

Week 11

<table>
<thead>
<tr>
<th>Monday 14th</th>
<th>Tuesday 15th</th>
<th>Wednesday 16th</th>
<th>Thursday 17th</th>
<th>Friday 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robbie Brown 2:30pm-3:15pm</td>
<td><strong>Volunteer Needed 8:30am-10:30am</strong></td>
<td>Last day for students</td>
<td>Staff Development</td>
<td>Staff Development</td>
</tr>
</tbody>
</table>

Profits made during year in the Uniform Shop are given back to the P&C to support initiatives.

Regards

Mrs Kylie Webb  
Uniform Shop Supervisor
Merry Christmas!

**CANTENE EMAIL ADDRESS**
The school canteen has a **new email address**. Please contact me directly on
canteen@monavalepspsa.com.au

**CANTENE MENU**
The canteen will be open until the last day of term – 16th December. In the past we have closed on the final Friday, however, I think it’s helpful for parents if we can try to open until the last day of term.

On Monday 14th, Tuesday 15th and Wednesday 16th December there will be a restricted lunch menu:-

Please be aware if you have a recurring order for a Monday, Tuesday or Wednesday, this could be affected on the last week of term.

Available from 14th – 16th December will be:
Monday – sushi, pizza rolls, travellers pies and sausage rolls
Tuesday – chicken burgers, pizza rolls, travellers pies, sausage rolls
Wednesday – sushi, pizza rolls, travellers pies, sausage rolls

**VOLUNTEERS FOR 2016**
The canteen needs approximately 60 volunteers to commit to a monthly canteen duty. Currently we are on 42 including new 2016 Kindergarten parents.

If you are able to volunteer once a month from 9-1 or once a Term from 9-1 please email me on canteen@monavalepspsca.com.au

<table>
<thead>
<tr>
<th>Monday 14th</th>
<th>Tuesday 15th</th>
<th>Wednesday 16th</th>
<th>Thursday 17th</th>
<th>Friday 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Di Brian</td>
<td>Ruth Laird</td>
<td>Help Needed</td>
<td>Staff</td>
<td>Staff</td>
</tr>
<tr>
<td>Michelle Tasker</td>
<td>Gi Graziano</td>
<td>Last day for</td>
<td>Development</td>
<td>Development</td>
</tr>
<tr>
<td></td>
<td></td>
<td>students</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**THANK YOU**
Thank you to all the canteen volunteers this year. It’s been really great chatting with you all and your help running the canteen is very much appreciated.

Have a Merry Christmas

I look forward to hearing from you.

Rebecca O'Donnell
Canteen Coordinator
9997 2442
**CAROLS BY THE SEA – SATURDAY 19TH DECEMBER**

Avalon Beach SLSC invites you to join us at Carols by the Sea, Saturday 19 December 2015 at Avalon Beach. Food fair commences at 4:30pm (or bring your own picnic) followed by Carols with the 80 member Rock n Soul Choir at 6:00pm ending in a fireworks display at 8:50pm. Special guest visits from Star Wars and Frozen characters and of course Santa Claus.

---

**Art Club Term 1 2016**

Bookings now being taken for Monday Tuesday and Thursday

2:45-4:15pm

A great way to end the school day!

Michelle Reed B.V.A  0410 156 165 michelle@kinderart.com.au www.kinderart

Thanking you,

Michelle Reed

---

**Pittwater Council**

During the School Holidays the CEC Kids On the Coast School Holiday program provides great opportunities for kids aged 6-12 to put down their iPads, get off the couch and have a great time exploring our coast and learning some amazing things. Form our professional and inspiring education staff!

From: 10:00am-3:00pm

11th-22nd January 2016

Cost: $60

www.pittwater.gov.au/cec

or like us on Facebook!
Ethics Teachers receive full training by Primary Ethics, which consists of a two day workshop and short online modules. Curriculum and access to teaching resources is provided. Suitable volunteers have an interest in children’s education and developing their critical thinking skills and must be available on Tuesday mornings each week during school terms. A classroom teacher is present during the classes.

In ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to blind habit or peer pressure.

Children discuss topics such as:
- imagining how others feel, how do we treat living things?
-what is laziness?
-how do we disagree in a respectful way?
-fairness

If you are looking for an opportunity to make a valuable contribution to our school, please visit www.primaryethics.com.au and contact Anina Rich (Primary Ethics Volunteer coordinator @ MVPS) at monavale.ethics@gmail.com or 0424833741.

Hi everyone! This is Mr Gauci, the Dancesport teacher at Mona Vale Public. I thought I would share a little story of what has become of some of the students one year on after the very popular Dancesport Challenge Program in 2014 finished. A group of 10 students have remained doing weekly ballroom dancing lessons at the local Mona Vale Memorial Hall which has allowed them to enter festivals, shows and competitions all around Sydney. This is a unique sport where the students get to dress up and look their best while at the same time working up a sweat and requiring endurance just like any traditional sports- but at the same time putting on a smile and making it look so easy to their audience and judges. Tricky skills to master!! Some couples have won Juvenile Open (under 13’s) Dancesport Championships across Sydney while others have just enjoyed the social side with strong friendships being formed between the students in their weekly training and rehearsal sessions.

I would like to wish each student involved in 1 Step Forward Dance best of luck as they move into high school and look forward to seeing them as my Year 7 group in 2016-keep dancing and smiling!

Kind Regards

Mr Jason Gauci