Mona Vale Manners

Week 10 – Wait for adults to finish their conversation before speaking to them and remember to say, “Excuse me,” when you do.
(begins Monday 7th December)

Mona Vale School App

School App

Have you downloaded our school app?
If not go to the app store and search Mona Vale Public School.
Our app is now our first line of communication to parents.

Please go to the App Store and download – allow push notifications.

Use this app if you have an ANDRIOD

Under Mona Vale Public School
Public School Active School Apps

Use this app if you have an APPLE

Under Mona Vale
Leigh Kostiainen

December 3rd, 2015
From the Office

Administration hours are Monday to Friday 8:30am – 3:15pm

STUDENTS’ BIRTHDAYS
Please note the office is unable to store frozen products for student birthdays/parties. The freezer in the office is jam packed full of ice packs for first aid use only.

Parents are welcome to send in a treat for the class to celebrate their child’s birthday. Cupcakes or individual treats are the most convenient option. Please do not send your child to school with a cake and a knife!

If your child has an allergy you can send in a small supply of food that they can have as a treat when the class celebrates a birthday ie a packet of jelly snakes. This will be kept with the teacher.

NEWSLETTER
Thank you for reading our newsletter! As you are aware the newsletter is no longer sent via email. A message is sent via the app. Some parents are experiencing some problems scrolling pages on ipads and iphones, the developer is currently looking into this issue.

The app is simply a mirror image of our website, if you experience any problems accessing information via the app, you can simply go straight to the website on any computer or device to access all of the information.

THINK YOU HAVE MISSED ANY INFORMATION?
Our school website www.monavale-p.school@det.nsw.edu.au is your go to place for what is happening at Mona Vale PS.

Newsletters can be viewed anytime by clicking the “newsletter” tab, this allows you to read the newsletter when it is convenient to you. Whether that is in your office on a desktop, on your phone during swimming lessons, or by the pool in Bali!

Notes, Forms and Information can be found on the Notes and Forms tab. This is also where any additional information that has been sent out on the app will be found, filed under the current term.

The Planning for 2016 tab is also found under the Notes and Forms tab. Here you will find all the information you need to plan for 2016. All of our Stationery Requirement lists are there, so if Santa wants to get some shopping done they make great stocking stuffers!

K-2 HAVE YOU ORDERED YOUR TEXT AND EXERCISE BOOKS?
K-2 can be order Exercise Books through Five Senses online and Text Books can be ordered through Dominie online NOW. We would appreciate it if you can order promptly as this will make sure all the books are delivered to the school ready for day 1, 2016! Go to the Planning for 2016 tab.

Years 3-6 will be able to order Text and Exercise Books online later in the term. A message will be sent via the app and newsletter to inform you when ordering can commence.

BUS PASSES FOR 2016
If you are in K,1,3,4,5 & 6 and you hold a bus pass for 2015, you will automatically be issued with a Student Opal Card in 2016. Students in Year 2 and new students to Mona Vale Public School will need to apply for a Student Opal Card in 2016. See our website for details or follow the link https://apps.transport.nsw.gov.au/sssts/howToApply

Thanking you

Leonie Gallard
School Administration Manager
## Dates For Your Diary

### Week 10

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday December 7th</td>
<td>Year 6 Play Intermediate Chess Club – lunch</td>
</tr>
<tr>
<td>Tuesday December 8th</td>
<td>Year 6 Play K-6C &amp; 3-6S @ Tiger Tennis</td>
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<tr>
<td>Wednesday December 9th</td>
<td>Year 3 Buddy Training Day Advanced Chess Club – lunch</td>
</tr>
<tr>
<td>Thursday December 10th</td>
<td>Presentation Day- Full summer uniform – NO sports uniform please</td>
</tr>
<tr>
<td>Friday December 11th</td>
<td>10am-11am Kindergarten 2016 welcome assembly</td>
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<tr>
<td></td>
<td>3pm-5pm Super Strings Soiree</td>
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</tbody>
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### Week 11

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday December 14th</td>
<td>Year 5 Surf School</td>
</tr>
<tr>
<td>Monday December 15th</td>
<td>Year 5 Surf School</td>
</tr>
<tr>
<td>Tuesday December 16th</td>
<td>Talent Quest 1:30pm-2:30pm Year 6 Graduation Assembly</td>
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<tr>
<td>Wednesday December 17th</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Thursday December 18th</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Friday December 19th</td>
<td>Staff Development Day</td>
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</tbody>
</table>

### Term 1

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>Monday January 25th</td>
<td>Australia Day</td>
</tr>
<tr>
<td>Tuesday January 26th</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Wednesday January 27th</td>
<td>Year 6 Graduation Assembly</td>
</tr>
<tr>
<td>Thursday January 28th</td>
<td>Years 1-6 Students return</td>
</tr>
<tr>
<td>Friday January 29th</td>
<td>Kindergarten 2016 Best Start Assessments</td>
</tr>
</tbody>
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### Term 1

<table>
<thead>
<tr>
<th>Week 2</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday February 1st</td>
<td>Kindergarten 2016 Best Start Assessments</td>
</tr>
<tr>
<td>Tuesday February 2nd</td>
<td>Kindergarten start Buddy Afternoon Tea</td>
</tr>
<tr>
<td>Wednesday February 3rd</td>
<td>9:15am Tea &amp; Tissues for Kindergarten parents</td>
</tr>
<tr>
<td>Thursday February 4th</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Friday February 5th</td>
<td>Staff Development Day</td>
</tr>
</tbody>
</table>
Students from 6L have been creating a community action plan in class. Students have been working on creating websites. See the link below to view their work.

The website is about healthy living and educates children the importance of a healthy lifestyle. The link is: http://www.educatingobesityaustralia.weebly.com
The P&C Chess Club is delighted to report that MVPS’ team of David Tulk, Seb Brown and Seb Wellings finished 10th out of 57 teams at the NSW Junior Chess League’s Primary Schools Teams state final last Sunday. This was a terrific result against an extremely tough field.

**PIZZA PARTY**

The club’s annual end of year pizza party was a tasty feast of a mixed order of 25 pizzas plus garlic bread as well as an opportunity to thank the committee, Robyn Best as our teacher liaison, coaches, parents and of course the fantastic & very cool Chess Club kids for their participation over the year.

**YEAR 6 FAREWELL**

The committee would like to take this opportunity to farewell the amazing year 6 group as they step into the next stage of their education and life at high school. All the best to those boys and girls and we hope you keep playing chess as a way to exercise your mind and further develop your decision-making and strategic thinking skills. As Principal Jones likes to remind us, you can play chess from kindy to very old age so KEEP PLAYING!!!

Coaching finishes Thursday December 10th with Tim’s junior/intermediate group.

If you have any questions regarding chess please email chess@monavalepspca.com.au or give me a call on 0418 428 511.

Mrs Lisa Ratcliff
Chess Club Chair

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**Sport News**

**CONGRATULATIONS** to our Senior Girls and Junior Boys Eagle Tag Teams’ who were runners up at Brookvale Oval last Thursday night. Congratulations also to our Junior Girls champions.

**CONGRATULATIONS** to Tom Morrison who was part of the NSW Touch Team who made it to the Grand Final at the Pacific Games last weekend in Adelaide. Go Tom!

We are soooo proud of you all!

Mrs Mel Stevenson
A recent major independent research study found that the results of students using Mathletics are up to 9% higher in external Government testing.

### Class Winners

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>K-2</td>
<td>2M</td>
</tr>
<tr>
<td>3-6</td>
<td>5BC</td>
</tr>
</tbody>
</table>

### Individual Winners

- Matilda B (1W)
- Rebecca H (5BC)

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### Class Winners

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<tr>
<td>K-2</td>
<td>1C</td>
</tr>
<tr>
<td>3-6</td>
<td>5G</td>
</tr>
</tbody>
</table>

### Individual Winners

- Jensen R (1C)
- Natalie W (5G)
This week’s topic from the *Live Life Well* Team is:

**No time for breakfast?**

Try some of these quick breakfasts children can enjoy “on the go”.
- reduced-fat yoghurt, or a yoghurt drink.
- reduced-fat milkshake
- healthy cereal in small plastic bag (a small carton of milk can add a calcium boost)
- slice of banana loaf or other low fat fruit loaf.

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**SNACK IDEAS**

Small bodies need small, frequent amounts of food to keep them going. Mid-meal snacks are just as important as main meals for children and should be tasty, appealing and nutritious. Many of the foods listed as suitable for lunches are also suitable as snacks. The following list provides some additional quick and easy snack ideas.

**Fruit**: Try fresh, dried or tinned. In summer, try frozen orange quarters or frozen bananas (rolled in orange juice and coconut).

**Bread or other cereal-based snacks** are great fillers. Try:
- Miniwheats breakfast cereal, Weetbix/Vitalbits or other wheat breakfast biscuits spread with fruit spread or a scrape of some yeast extract.
- Fruit bun, raisin toast/bread, pikelets or scones lightly buttered.
- Crumpets or muffins lightly buttered.
- Quick cooking noodles with grated zucchini and cheese.
- Mini pizzas using English muffins as the base.
- Corn or rice cakes with mashed banana or cheese.
- Plain biscuits e.g. arrowroot, milk coffee, shredded wheatmeal, grissini sticks.

**Dairy Foods**: Try plain, flavoured or frozen yoghurt, ice-cream, milk.

**Vegetable sticks**: Try carrots, celery, cucumber, green or red capsicum (steam to soften for children under 3 years old).

**Meat and substitutes**: Try hard-boiled eggs, meatballs, kibbeh, falafel.

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Regards

Mrs Kristy Waterhouse
Classroom Teacher
Uniform Shop Details

REGULAR OPENING HOURS

Mondays 2:30pm-3:00pm
Tuesdays & Thursdays 8:30am-10:30am

Email: uniformshop@monavalepspca.com.au

Next Thursday 10th December the Uniform Shop will be closed from 9:30am due to Presentation Day. Sorry for any inconvenience.

ON SALE – we are selling the old style girls summer dress for $36.00. We currently have sizes 4-16 in stock.

A big THANK YOU to all my volunteers who helped out at stocktake last week on Tuesday and Thursday. Sarah Beckett, Nadine Phillips, Trudi Seymour, Karen Richmond, Hannah Jones, Michelle L Cruerer, Veronica Sewell, Jenny Dael and the Year 6 girls Georgia Bonadio, Jayme Saggers, Lily Douglas and Sara Mwanga.

The Uniform Shop will be open in the holidays on Thursday 21st (9am-12pm) and Wednesday 27th January 2016 (8:30am-12pm).

Volunteers are always needed so if you can spare a couple of hours once or twice a month, please email Kylie your contact details to uniformshop@monavalepspca.com.au

Week 10

<table>
<thead>
<tr>
<th>Monday 7th</th>
<th>Tuesday 8th</th>
<th>Wednesday 9th</th>
<th>Thursday 10th</th>
<th>Friday 11th</th>
</tr>
</thead>
</table>
| Robbie Brown
2:30pm-3:15pm | Volunteer Needed
8:30am-10:30am | Rebecca Scicluna
1pm-3pm | Presentation Day
8:30am-9:30am | |

Week 11

<table>
<thead>
<tr>
<th>Monday 14th</th>
<th>Tuesday 15th</th>
<th>Wednesday 16th</th>
<th>Thursday 17th</th>
<th>Friday 18th</th>
</tr>
</thead>
</table>
| Robbie Brown
2:30pm-3:15pm | Volunteer Needed
8:30am-10:30pm | Last day for students
 | Staff Development | Staff Development |

Profits made during year in the Uniform Shop are given back to the P&C to support initiatives.

Regards

Mrs Kylie Webb
Uniform Shop Supervisor
Canteen News

PRESENTATION DAY - THURSDAY 10TH DECEMBER
NO LUNCH ORDERS FOR K-2

It’s December and hard to believe less than 2 weeks until the end of term. I would like to thank all the Year 6 canteen monitors this year, the P&C and all my lovely canteen volunteers who have helped run the canteen this year.

We have had a few bumps along the way this year but consistent has been the support from the P&C and all the canteen volunteers.

Thank you so much for this year. Enjoy the holidays.

CANTEEN EMAIL ADDRESS
The school canteen has a new email address. Please contact me directly on canteen@monavalepspsa.com.au

FORGOTTEN LUNCHES
Forgotten lunches has become an increasing occurrence this Term. Forgotten lunches, whilst a simple and often “once only” can be an upsetting experience for the child; a trip to the canteen, then to the office and back to the canteen again with a note, after the office has tried to contact the parent, then wait in line for a sandwich to be made, an instruction to return payment for the sandwich the following day……

This will change in 2016. Children who have forgotten their lunches in 2016 will be given plain rice as a replacement.

CANTEEN MENU
On Monday 14th, Tuesday 15th and Wednesday 16th December there will be a restricted lunch menu:-

Please be aware if you have a recurring order for a Monday, Tuesday or Wednesday, this could be affected on the last week of Term.

Available from 14th – 16th December will be:
Monday – sushi, pizza rolls, travellers pies and sausage rolls
Tuesday – chicken burgers, pizza rolls, travellers pies, sausage rolls
Wednesday – sushi, pizza rolls, travellers pies, sausage rolls

VOLUNTEERS FOR 2016
The canteen needs approximately 60 volunteers to commit to a monthly canteen duty.
If you are able to volunteer once a month from 9-1 or once a Term from 9-1 please email me on canteen@monavalepspca.com.au
Monday 7th

Help Needed
Kirstee Humphrey
Donna Radinovic

Tuesday 8th

Craig Raikuna
Jack Pfeiffer

Wednesday 9th

Louise Crowther
Hannah Jones
NO LUNCH ORDERS FOR K-2

Thursday 10th

Friday 11th

Sylvia Atkinson
Gay McCorby

Help Needed
Kirstee Humphrey
Donna Radinovic

Craig Raikuna
Jack Pfeiffer

Louise Crowther
Hannah Jones
NO LUNCH ORDERS FOR K-2

Sylvia Atkinson
Gay McCorby

I look forward to hearing from you.

Rebecca O'Donnell
Canteen Coordinator
9997 2442

Community News

Newport Village Xmas party

Thursday 10th December – 5pm to 9pm
Robertson Road, Newport

Bring the family do your xmas shopping at Newport shops and take advantage of the culinary delights around Newport. Robertson Road will be a hive of activity with music, xmas carollers, ice cream van, face painting elf and the pop up travelling Caravan Bar. For more information ring Pittwater Council on 9970 1165.

Newport Anglican Church = Christmas Outer Space Kids’ Club

Where: 35-39 Foamcrest Ave, Newport (next to the post office)
When: Tuesday-Wednesday 22-23 December
Time: 9am-12pm
Cost: $10 per day
For children in K-6 2016
To register, please ring 9999 1495 or visit www.trybooking.com/JQPU
For more information visit www.newportchurch.org.au
EARLY BIRD SAVING of $50.00!!!!!!
Fees include insurances & uniforms

- Fees paid BEFORE 31st December 2015 – Juniors (U6-U15) $130, Seniors (U16-U19) $160
- Fees paid AFTER 1st January 2016 – Juniors (U6-U15) $180, Seniors (U16-U19) $210

Follow the below link to register online at sporting pulse:
https://reg.sportingpulse.com/v6/regoform.cgi?alID=73&pKey=de6ec0fb4e4bdef0bd055aeb138e2da6&cID=12835&formID=53641

- Beginner to Representative players
- Certified Coaches & First aid officers
- Training at Newport Oval Bishop St
- Player development pathways
- Skill & Fitness development all levels

Alternatively come to the Registration day 31st January 2016
Newport Oval 2pm-4pm (where pending scheduling you'll get to Meet & mingle with some Manly Sea Eagles Heros past & present)
"We are the Raiders we tackle & we run we are the Raiders we have fun,fun,fun !"
www.monavalerugbyleague.com.au

Mobile Blood Service Visiting:

Mona Vale Memorial Hall Village Park Pittwater Road
Tuesday 29th December 9:00am – 2:00pm Wednesday 30th December 8:30am – 2:00pm
Thursday 31st December 8:30am – 1:00pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized breakfast or lunch
Please bring photo I.D. with you.
To make an appointment call 13 14 95 or visit donateblood.com.au

PITTWATER COUNCIL

Please find below the link on our website to the December 2015 January 2016 School Holiday Brochure.

Kindergarten 2016 students are invited to our Welcome Assembly on

Friday 11th December 2015 at 10:00am.

Please come to our school hall to be a part of a Kindergarten assembly led by our 2015 Kindergarten students.

Come and hear about all the fun we have had this year!

Respect  Responsibility  Personal Best
OUR MISSION:
Yoobi is based on a bright yet simple idea: colourful, vibrant school supplies for school, home or office that give back to classrooms in need. Our goal is to perk up the school supply aisle and help solve a big problem along the way. For every Yoobi item purchased, a Yoobi school item will be donated to a child in need through The Smith Family, right here in Australia. It’s that simple.

THE FACTS:
One in ten Australian kids grow up in financially disadvantaged families and may not have access to necessary school supplies. Our partnership with The Smith Family helps provide these school essentials to support Australian kids in need and level the playing field.

HOW IT WORKS:
YOU BUY → YOOBI GIVES → CLASSROOMS RECEIVE
For every Yoobi item you purchase, we will donate an item to a Yoobi Classroom Pack. Yoobi Classroom Packs full of the goodies they need most, as determined by our non-profit partner, The Smith Family.

OUR PRODUCT:
Yoobi’s feel-good collection will offer more than 135 different items in a mix of six eye-popping colours, from binders, notebooks and journals, to pens, coloured pencils and highlighters, and everything in between. The range will be available exclusively at Officeworks stores nationwide, and all items are under $10!