Mona Vale Manners

Week 9 – Show respect to adults when going through doorways or walking along paths by moving out of the way.
(begins Monday 7th September)

Mona Vale School App

Have you downloaded our school app?
If not go to the app store and search Mona Vale Public School.
Our app is now our first line of communication to parents.

Please go to the App Store and download – allow push notifications.

Use this app if you have an ANDRIOD

Under Mona Vale Public School
Active School Apps

Use this app if you have an APPLE

Under Mona Vale Public School
Leigh Kostiainen
From the Office

Administration hours are Monday to Friday 8:30am – 3:15pm

ASTHMA
We have had a visit from the Work Place and Safety Directorate this week. We have been informed that students are now responsible for their own asthma medication to be taken on excursions, sporting events etc. Whilst we would prefer to have an asthma puffer held in the office, for occasions where the children require it at recess, lunch or during school time, we ask if your child is an asthmatic, to ensure that they bring an additional asthma puffer in their bag and they take it with them when they leave the school for an activity/excursion.

WE ARE PLANNING KINDERGARTEN 2016
Do you have a child enrolling in Kindergarten 2016? If you have not already done so, please enrol now! Please pop into the office and collect an enrolment form or download one from our website. Go to our school/enrolment.

Dates For Your Diary

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday September 7th</th>
<th>Tuesday September 8th</th>
<th>Wednesday September 9th</th>
<th>Thursday September 10th</th>
<th>Friday September 11th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 9</td>
<td>Regional Athletics Carnival</td>
<td>Senior Choir at Choral Festival rehearsal</td>
<td>Advanced Chess Club – lunch</td>
<td>Beginners Chess Club - lunch</td>
<td>6:30pm Years 2, 3 &amp; 4 disco</td>
</tr>
<tr>
<td>Week 10</td>
<td>Musicale</td>
<td>Debating Camp</td>
<td>Junior Choir at Town Hall Debating Camp Advanced Chess Club – lunch</td>
<td>Honour Assembly Debating Camp Beginners Chess Club - lunch</td>
<td>Last Day of the Term Students return Tuesday 6th October</td>
</tr>
</tbody>
</table>

Dates For Your Diary

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday September 14th</th>
<th>Tuesday September 15th</th>
<th>Wednesday September 16th</th>
<th>Thursday September 17th</th>
<th>Friday September 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 10</td>
<td>Intermediate Chess Club – lunch</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Happy Fathers’ Day to all of our wonderful Mona Vale fathers! It was lovely to chat with so many of you this morning at our Fathers’ Day Breakfast which was once again so superbly organised by our hard working Social and Events Committee – great job team! What a shame the K-2 Athletics carnival curse was in force once again….the luck has certainly been against us on that one!

What a wonderful couple of weeks we have had at Mona Vale! I have had the great pleasure of being involved in two excellent programs lately which I would love to share with you.

**SRC at Pittwater Council**

Our SRC has been involved in the re-designing of the village park in Mona Vale and I am delighted to announce that our students’ designs are now available for viewing and further consultation. The PDF is attached to this newsletter and the council encourage further comments on the design which can be made via the YOUR SAY tab on the following link: [http://places.pittwater.nsw.gov.au/your-say/](http://places.pittwater.nsw.gov.au/your-say/)

This has been a wonderful opportunity for our students to contribute to the development of their local community. Last week, Jodie Louw, Claire Bottero, Brandon Pace and Georgia Rose, along with SRC leader Miss Fiona Kelsall, were interviewed on Northern Beaches Radio about the program – a huge thrill for our students who spoke very eloquently about their experiences. Well done SRC, you are designing the future!

**Dancesport**

What a busy couple of weeks we have had in Year 5 with the culmination of our Dancesport program. The ‘season’ kicked off with our Mona Vale Gala Evening held at Pittwater RSL where all of our students showed off their dance moves to our school community. The evening was a joyful success and I would like to congratulate Rory McCann and Jasmine Clarke who took out first place in our school competition! Fantastic effort Rory and Jasmine!

Last week we held the inaugural Northern Beaches Dancesport Challenge at Dee Why RS L club where Mona Vale brought home the School of the Year trophy, much to the delight of the enormous crowd! Congratulations to all of our students who represented the school so beautifully.

Last night Mrs Mel Stevenson and I accompanied our top 30 ballroom dancers to the Dancesport Challenge at Homebush where we were dazzled by an impressive display of skill, colour and teamwork. I am very proud to announce that Mona Vale placed 6th overall (out of 30 schools), with Matty Macarthur and Amber Rabbits claiming 4th place in the Salsa and Phoebe Brian and William Sewell placing 5th in the Jive. What an incredible achievement – we are very proud of you all.

Leesa Martin
Deputy Principal
CONGRATULATIONS The MVPS Snowboarders competed in the State Championships at Perisher last week. The boys involved were Prince Kamara and Jackson Malone. All boys performed really well despite the rain and poor visibility.

Prince Kamara received an invitation to attend the National Championships in Mt Buller on September 10th. This is an outstanding achievement and a first for MVPS!

Notes for user pay sport for students in 3-6 will be sent home next week after PSSA teams have been chosen. Please discuss the following choices with your child. Choices are:-

<table>
<thead>
<tr>
<th>Sport</th>
<th>Venue</th>
<th>Travel</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Tennis (Tiger Tennis)</td>
<td>Mona Vale Public School</td>
<td>n/a</td>
<td>$80</td>
</tr>
<tr>
<td>2. Gymnastics (Northern Beaches Gymnastics)</td>
<td>Pittwater Sports Centre</td>
<td>Bus</td>
<td>$175</td>
</tr>
<tr>
<td>3. Skateboarding &amp; Scooting (Skater HQ)</td>
<td>Mona Vale Public School</td>
<td>n/a</td>
<td>$85</td>
</tr>
<tr>
<td>4. Golf (Bayview Golf Club)</td>
<td>Mona Vale Public School</td>
<td>n/a</td>
<td>$110</td>
</tr>
<tr>
<td>5. Cheerleading (Highrise Cheerleading)</td>
<td>Highrise Cheerleading (Warriewood)</td>
<td>Bus</td>
<td>$140</td>
</tr>
<tr>
<td>6. Dance Fit with Jason Gauci</td>
<td>Mona Vale Public School</td>
<td>n/a</td>
<td>$95</td>
</tr>
<tr>
<td>7. Brazilian Judo &amp; Jiu Jitsu</td>
<td>Ortiz Martial Arts</td>
<td>Walking</td>
<td>$95</td>
</tr>
<tr>
<td>8. Squash</td>
<td>Elanora Squash Centre</td>
<td>Bus</td>
<td>$130</td>
</tr>
<tr>
<td>9. School Sport</td>
<td>Mona Vale Public School</td>
<td>n/a</td>
<td>Nil</td>
</tr>
</tbody>
</table>

The winning Sport House for Week 8 is: Barrenjoey
This term, 4A have had the exciting opportunity to take part in a ‘Pen Pal Project’ with a Year 4 class from Curl Curl North Public School. Both classes are studying the same text, *Finders Keepers* by Emily Rodda. Each fortnight, students write a letter to their pen pal and also complete a meaningful activity related to the novel. One of the highlights has been collaboratively writing film scripts in small groups, based on a scene from *Finders Keepers*. The scripts have been sent off to their pen pals, who have filmed and edited these scenes. 4A, in turn, have filmed and edited the scripts from their pen pals, incorporating the wonderful, ever-growing iPad technology that continues to emerge through the BYOD initiative of Mona Vale Public School. Overall, the ‘Pen Pal Project’ has served as a wonderful means to encourage students in 4A to write with a greater sense of purpose. Not only has it been fun, it has also provided an avenue to create better writers via an authentic audience.

Below are quotes from students in 4A about how they have found the project:

“Having a pen pal is very, very cool because we get to share our hobbies and interests with someone different from another school. It is an amazing opportunity to connect with them.” – Sugar ‘n’ Spice table

“The Pen-Pal Project is a great opportunity to learn about other students from another school, make friends and share the exciting activities we both do in class.” DJ Dancers table

Regards

Class 4A
After a fiercely fought final round this week our Grand Final for “Waste Free Wednesday” resulted in a draw at full time!!!!

There was great excitement in the school on Wednesday when the school leaders visited the **Grand Final** classes. The turtle bins were carefully checked for plastic rubbish. Here are the results:-

<table>
<thead>
<tr>
<th></th>
<th>6M</th>
<th>5S</th>
<th>4A</th>
<th>3A</th>
<th>2E</th>
<th>1SW</th>
<th>KR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>7 pieces of rubbish</td>
<td>24 pieces of rubbish</td>
<td>4 pieces of rubbish</td>
<td>17 pieces of rubbish</td>
<td>4 pieces of rubbish</td>
<td>7 pieces of rubbish</td>
<td>5 pieces of rubbish</td>
</tr>
</tbody>
</table>

As a result of this there will be a playoff in Week 9 between **4A** and **2E**. Good luck to our two finalists!

Good luck for next week!

From

**Mrs McGuigan and the Leadership Team**
A recent major independent research study found that the results of students using Mathletics are up to 9% higher in external Government testing.

### Week 8 Winners

<table>
<thead>
<tr>
<th>Class</th>
<th>Individual</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>1/2B, Zack Henry (1W)</td>
</tr>
<tr>
<td>3-6</td>
<td>5L, Alyssa Turner (5L)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class</th>
<th>Individual</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>2E, Coby Bull (2E)</td>
</tr>
<tr>
<td>3-6</td>
<td>5G, Phoebe Brian (5G)</td>
</tr>
</tbody>
</table>
This week’s topic from the **Live Life Well** Team is:

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**Tips to encourage new foods:**

- A predictable routine for meal and snack times helps your child to know when to expect food. This can help children develop good eating habits.
- Avoid letting your child graze throughout the day, as this makes it harder for them to become a better eater.
- Eat together as a family wherever possible. Try to keep meal times relaxed and calm.
- Remove distractions such as toys, games and television during meal and snack times so your child can focus on the task of eating.
- Offer all children the same family foods and try to avoid preparing separate meals for different family members.
- Set a good example by eating and enjoying a range of healthy foods yourself. Children learn to be good eaters by watching how other people eat and the foods they choose.

---

Regards

Mrs Kristy Waterhouse  
Classroom Teacher
Five chess players from MVPS competed a few weeks ago at the Sydney Academy of Chess’ Interschool Regional semi-finals, hosted by Willoughby Public School. **Gabe Kuypers, Seb Brown, David Tulk, Leo Huang** and **Toby Carlton Van Buizen** all played really well, finishing equal fifth with a school score only one point less than the third placed school. The top three schools progress to the state finals. The MVPS boys had a fun day and showed great sportsmanship and team spirit.

Thanks as always to the parent helpers for making this happen & to the MVPS school executive staff for supporting the chess program.

**November Tournament**

Please put in your diaries **Wednesday November 18th**, when MVPS will again host the NSW Junior Chess League’s Primary Schools One Day Tournament all day in the school hall. We will be calling for parent volunteers soon.

**Committee Positions for 2016**

A reminder that the position of Chess Club Chair and Vice Treasurer will be vacant & ready for new energy and ideas at the beginning of the New Year.

If you would like to get involved with the club for the remainder of this year, to test the waters obligation-free, please email Lisa at [chess@monavalepsca.com.au](mailto:chess@monavalepsca.com.au)

Regards

Lisa Ratcliff
Chess Club Chair
Welcome to Spring 2015.

We are into the fourth week of our school wide campaign called **EAT FRESH AND WIN**. For more information please check out: www.freshforkids.com

So far over 200 children have taken part in the campaign. As we head towards the end of Term 3, I would like to thank all the lovely canteen volunteers for their help this term.

This week, 2 members of K-6C sold frozen fruit cups at lunchtime in the infants area. The frozen fruit cups are 50c each and members of K-6C will be selling them **EVERY** Thursday lunchtime until the end of the year.

**Thankful Thursday**
I was very thankful this Thursday for Louise Crowther, Hannah Jones and Amanda Greenwood who helped steer the canteen through an interesting day when our delivery truck did not arrive so lunches had to be adjusted and improvised. Louise and Hannah manoeuvred themselves through 5 sandwich baskets which, for anyone who has volunteered in the canteen knows, is no mean feat. Thanks ladies!

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Di Brian</td>
<td>Ruth Laird</td>
<td>Lisa Ratcliff</td>
<td>Tatum Moane</td>
<td>Kylie Pinwill</td>
</tr>
<tr>
<td>Mia Tasker</td>
<td>Gi Graziano</td>
<td>Jack Pfeiffer</td>
<td>Mel Sims</td>
<td>Help Needed</td>
</tr>
<tr>
<td>Olivia Lawrence</td>
<td></td>
<td></td>
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</table>

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<thead>
<tr>
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<th>Thursday 17th</th>
<th>Friday 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sylvia Atkinson</td>
<td>Helen Mijakovac</td>
<td>Vikki Kiddle</td>
<td>Help Needed</td>
<td>Last day of Term</td>
</tr>
<tr>
<td>Anne Woolmer</td>
<td>Cheryl Houghton</td>
<td></td>
<td></td>
<td>Madeleine Koo</td>
</tr>
</tbody>
</table>

**September Roster**

Rebecca O'Donnell
Canteen Coordinator
9997 2442
Uniform Shop Details

REGULAR OPENING HOURS
Mondays 2:30pm-3:00pm
Tuesdays & Thursdays 8:30am-10:30am

Email: uniformshop@monavalepspca.com.au

As the warmer weather is approaching we are starting to wonder if our kid’s summer uniforms still fit. The Uniform Shop will be changing our stock over to the summer uniform in Week 9 of this term. There will be a 2 week change over period in the first 2 weeks of Term 4.

Any uniforms that you no longer require are always welcomed for resale through the Uniform Shop. Profits made during the year in the uniform shop are given back to the P&C to support initiatives.

Regards

Kylie Webb
Uniform Shop Supervisor

Community News

Join us at Long Reef Surf Club for
Registration Day Welcome Barbeque

Registration Days
this weekend

Sat 5th Sept: 1-3pm
& next weekend

Sun 13th Sept: 9-11am

Sign up, enjoy a free barbecue, get kids welcome packs, and chat with Age Managers and club members.

New members please bring birth certificate or passport

If you can’t make it to Rego Day then join online sls.com.au/join

Nippers Induction starts 17th October 2015

For more information contact Stu Thomson: dir.youth@longreef.com
Our Little Friends Kindergarten is turning 30 this year. To celebrate this memorable date we are having a party on Saturday 26th September 2015 at North Narrabeen Surf Club, 7pm-11pm.

I Michelle, owner/director for the last 30 years would like to extend an invitation to all friends, families and staff, past and present to purchase a ticket for this event. **Ticket sales will be donated to Bear Cottage, a NSW children's hospice.** A very special place dedicated to care for children with life limiting conditions. Come along and help us celebrate. There will be a band playing, 'Kath and Him" and delicious canapés to spark your appetite. A cash bar will be open to purchase your own drinks.

The celebration will bring together parents, friends and teachers from the past and present that have attended Our Little Friends Kindergarten over the 30 years.

I look forward to seeing you there.

Check out our Facebook page or website with more details of our event [www.ourlittlefriends.com.au](http://www.ourlittlefriends.com.au)

You’re invited to Mona Vale Public School’s **Musicale**

An evening showcasing our spectacular creative arts ensembles!

Performances from dance groups, choirs, bands and instrumental programs.

Ending with a spectacular surprise finale!

**When:** Monday 14th September  
Students to arrive at 6pm for a 6:30 pm start

**Where:** Pittwater High School hall  
Parking off-site only

Admittance is by gold coin donation to support our creative arts programs.

We look forward to seeing you there!
YEARS 2, 3 AND 4

Friday 11th September - 6.30pm to 8.30pm

Lots of prizes - Best Dancer - Best dressed

Come Dressed in something starting with the letter 'B'

Great DJ dancing music plus an appearance of our very own Stage Band

Mona Vale Public School Hall
Cost: $12 per child – Wristband Ticket
(Includes: a drink, ice block and a packet of chips)

Tickets available on Flexi Schools (preferred option for catering)
or on the night - door sales from 6:20pm (correct change appreciated)

Children must be escorted to the hall no earlier than 6:20pm and collected at 8.30pm promptly
(Please stay with your child until their ticket is purchased)
Children will not be allowed to leave the school without their parent/guardian
Only open to MVPS students.

ACCESS VIA WARATAH STREET CAR PARK ONLY
The Year 6 Farewell Dinner/Dance

Monday 14th December at Pittwater RSL (details to follow)

Cost – $50.00*

* includes $30.00 for the Farewell Dinner and Celebrations and $20.00 for the Yearbook

Should you be unable to attend the Farewell Dinner but still want the Yearbook, please just pay $20.00.
Should you not want the Yearbook, but your child will attend the Dinner, please just pay $30.00.

Please deposit into:- Clayton Ockerby   BSB 732196   Account No. 618032

PLEASE MAKE SURE YOU WRITE YOUR CHILD’S NAME AND CLASS IN THE DESCRIPTION

Payment would be appreciated asap and must be paid by last day of Term 3 – Friday 18th September.

Thank you, Year 6 Farewell Committee
VILLAGE PARK
DESIGN IDEAS

MONA VALE PUBLIC SCHOOL

Thanks to the Student Representative Council in representing your School

On a sunny August day Mona Vale Public School kindly allowed students to meet with Pittwater Council, to HELP Council understand how children interpret PLAY in Village Park.

The drawings and words provided by students on the day and information from parents with little children will help Council to develop ideas for improving PLAY at Village Park for all ages.

Concept designs will be made available in the near future and park improvements will begin in 2016.
Warringah Council Presents

TRANSITION TO HIGH SCHOOL

For parents and carers of children in Years 6 - 8 looking to enhance their child's early high school experience.

Wed 7 Oct
6.30 - 8.30pm

Led by trainer Cay Camden, topics include changing relationships, building confident teens and tools to assist through difficult times

Northern Beaches Secondary College
Senior Campus, Freshwater
FREE
Bookings essential
youthbookings@warringah.nsw.gov.au
Does your child have a disability?

Is this you? Most of the time, you know you are doing a good job with parenting. But there are times when things get a little tricky. Like when your toddler won’t eat her dinner. Or your six year old won’t share his toys. If only someone could give you some ideas to make those times easier! If this sounds like you, then a Stepping Stones Triple P seminar may be right for you.

As part of the Stepping Stones Triple P Project, Northern Beaches Interchange invites all parents of children with a disability aged 2 to 12 to attend the following FREE parenting seminar series:

Seminar 1: Positive Parenting for Children with a Disability
Thursday the 3rd of September 2015, 9:45am-11:15am.

Seminar 2: Helping your Child reach their Potential
Thursday the 10th of September 2015, 9:45am-11:15am.

Seminar 3: Changing Problem Behaviour into Positive Behaviour
Thursday the 17th of September 2015, 9:45am-11:15am.

Where: Main Hall, North Narrabeen Community and Tennis Centre 2/10 Woorarra Ave, North Narrabeen

RSVP: As these programs are being funded as part of a research project please contact the research team to register your interest.
Phone: 02 9114 4060
Email: fhs.Steppingstones@sydney.edu.au

Funded by the National Health and Medical Research Council, Australia