Mona Vale Manners

Week 7 - Knock on the door and wait when visiting another classroom or office...Say, “Excuse me....” when you enter the room.

(begins Monday 7 March)

Mona Vale School App

Have you downloaded our school app?
If not go to the app store and search Mona Vale Public School.
Our app is now our first line of communication to parents.

Please go to the App Store and download – allow push notifications.

Use this app if you have an ANDRIOD

Use this app if you have an APPLE

Under Mona Vale Public School
Public School Active School Apps

Under Mona Vale
Leigh Kostiainen
Dear Parents

To think we are halfway through the term, Autumn is here and it is nearly Parent Teacher Interviews and NAPLAN in a couple of months.

Parent Teacher Interviews

Parent Teacher Interviews will be held on Tuesday 22\textsuperscript{nd} March and Wednesday 23\textsuperscript{rd} March. Next week details on how to book an appointment will appear on our school app. Stay tuned!

NAPLAN

In May 2016 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3 and 5. The NAPLAN tests will be conducted from 10\textsuperscript{th} - 12\textsuperscript{th} May, 2016.

Tuesday 10\textsuperscript{th} May       Language Conventions and Writing
Wednesday 11\textsuperscript{th} May   Reading
Thursday 12\textsuperscript{th} May    Numeracy

Have a wonderful weekend and enjoy the beautiful weather!

Shirlee-Ann Curtis
Deputy Principal

TERM 1 ACCOUNTS
Term 1 Accounts are due on Monday 7\textsuperscript{th} March. Your prompt payment is appreciated.

SCHOOL BAG TAGS
Thank you to Advanced Life Photography who kindly donated the student bag tags for our students. Please do not remove these tags, they will help us identify student bags when and if required.

BIRTHDAYS
Parents are welcome to bring in a treat for the class for their child’s birthday. Cupcakes or individual treats ie jelly lollies, are the best option. Please do not bring in a cake with a knife. Whilst iceblocks are lovely on a hot day, unfortunately our freezer space is taken up with icepacks required for medical purposes. The office is unable to store iceblocks for these occasions. If your child has an allergy please provide the teacher with some treats that your child is able to have on these occasions.
CAR RAFFLE
The Rotary Car Raffle is here! We have been involved in the Rotary Car Raffle for the past three years. In the first two years of running the raffle, we were lucky enough to have two lucky Mona Vale PS parents win the car! Surely it is our turn again this year 😊

Thank you to all the students who have been selling raffle tickets and getting additional books. The competition is on! **If you do not wish to sell any tickets, please return the books intact to the office immediately, so that we can redistribute them to students who wish to sell additional books.**

Prizes are on offer to students and classes who sell the most books. All proceeds from the raffle go towards our aim of air conditioning all classrooms, which would be great in the weather we are currently experiencing.

Students who wish to sell additional books can collect them from the office.

**We would really appreciate it if you converted your coins to notes before you send them back to the office.**

Please make sure you return your sold ticket stubs intact with the white cover which has your child’s name and class on it as these white covers will go into a draw to win a mini ipad.

KINDERGARTEN 2017
Do you have friends, family or neighbours planning to come to Mona Vale PS in 2017? Our Open Days are on Wednesday 1st June and Wednesday 29th June from 9:30am – 11am.

We will be taking enrolments for Kindergarten 2017 from the beginning of next term.

HAVE YOU MISSED ANY NOTES THIS WEEK?

Follow the link to our website to review notes this term

Community News & Events (this is a new page)

In an attempt to reduce the size of our newsletter, whilst still keep parents informed of community events, we have created this page on our website. This page will be updated with information from non-profit and sporting organisations at the school’s discretion.

Thanking you

Leonie Gallard
School Administration Manager
The winning Sport House for Week 6 is:

BARRENJOEY!

CONGRATULATIONS

M Macarthur, H Turpin and T Graham who were all successful in gaining a place in the combined Zone Football team to go to Regionals as well as R Ganeshraj who was successful in gaining a spot in the Zone Cricket team.

An amazing achievement. We are so proud of you all.

Good luck in your next trial.
Building healthy habits
Children are learning habits that will often last them a lifetime. Consider the following:

- Breakfast is important. Children who eat breakfast have better concentration. Eating breakfast can reduce snacking on high-energy foods in the afternoon in both adults and children.
- Be realistic about the size of the serve you offer children. Forcing children to finish what is on their plate when they are not hungry may lead to overeating and/or strong food dislikes.
- Avoid giving children processed snack foods high in sugar.
- Encourage brushing teeth in the morning and before bed to develop good dental habits.

Iodine and learning
Iodine is needed for the thyroid gland, growth and brain development. Sources of iodine include:

- cow’s milk, yoghurt and cheese
- seafood
- seaweed – as used in sushi or nori rolls

Iodine and learning

From the Live Life Well team

Kindergarten News

KEEPING ME SAFE
On the 10th March Youth Liaison Officers from Dee Why Police Station will be visiting Kindergarten classes to deliver the ‘Keeping Me Safe’ program. This program complements our Social Skills and Child Protection Units and will cover areas such as: road safety, safe places and people they can trust.

DATES FOR YOUR DIARY
Parents are invited to information sessions on how Literacy and Numeracy are taught in the first year of school.

PARENT SESSION - LITERACY – TUESDAY 8TH MARCH
PARENT SESSION - NUMERACY – TUESDAY 15TH MARCH

Please see flyers attached to this newsletter.
AGM 2015-2016

- MVPS P&C AGM last week was a great success – 30 + people in attendance
- P&C is in a strong financial position, we deliberately released more funds that we took in last year, and these funds were directed to the school to ensure priority programs remained fully funded.
- All our Services – Band, Uniform, Chess, Canteen, S&E operated successfully throughout the year.
- Some new faces in the P&C Executive team this year, which is brilliant! (see team below).

We always need more, so if you couldn’t make the meeting then please contact the people below in the area of interest.

The next meeting will be in Week 8, Tuesday 15th March at 7.30pm in the school library. All welcome!

Fond Farewell
My well wishes to some stars of the P&C who are leaving us:
- Treasurer: Steve Hall
- S&E Chair: Tanya Van Der Wall
- Chess Chair: Lisa Ratcliff
- Canteen Chair: Rachel Saddler

The contribution that these people have made to MVPS community is enormous – each of the countless people impacted can attest to that. I can’t really say enough that will do it justice, but I am certain that between them your child’s experience here at Mona Vale has been enhanced. My sincere appreciation to each of these people for so generously devoting their time and skills over many years to make a positive difference!

An exciting year ahead

- New P&C branded signs indicating various P&C Services will be visible soon.
- The School App development continues
- Imminent launch of the Business Directory (great stuff Jack!)
- Later in the year development of the integrated online volunteering system
- Volunteering event allocation per year group. This new approach to volunteering is underway with each year being allocated an event to run. This is organised via the Class Parent network. P&C support is provided. This enables the volunteer workload to be better distributed throughout the school and enables parents to have a clearer expectation of their volunteering opportunity and fosters closer year parent ties.
2016 P&C Team

I am pleased to introduce the 2016 P&C team. I thank each of these people for stepping up to the challenge. They are making a commitment of time and energy in service of MVPS community. Please thank them with me! If you are interested in any of the vacant roles, please get in contact.

<table>
<thead>
<tr>
<th>Area</th>
<th>Role</th>
<th>Name</th>
<th>Contact</th>
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</thead>
<tbody>
<tr>
<td>P&amp;C Office Bearers</td>
<td>President</td>
<td>Mark Welch</td>
<td><a href="mailto:president@monavalepspca.com.au">president@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Vice President</td>
<td>Holly Hill</td>
<td><a href="mailto:vicepresident1@monavalepspca.com.au">vicepresident1@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Vice President</td>
<td>Conor Weule</td>
<td><a href="mailto:vicepresident2@monavalepspca.com.au">vicepresident2@monavalepspca.com.au</a></td>
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<td></td>
<td>Secretary</td>
<td>Susan Woodward</td>
<td><a href="mailto:secretary@monavalepspca.com.au">secretary@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Treasurer</td>
<td>Jing Gandy</td>
<td><a href="mailto:treasurer@monavalepspca.com.au">treasurer@monavalepspca.com.au</a></td>
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<tr>
<td>P&amp;C Executive Committee</td>
<td>Elected Member</td>
<td>Holly Hill</td>
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<td></td>
<td>Elected Member</td>
<td>Louise Conn</td>
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<td>Elected Member</td>
<td>Andrew Wood</td>
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<td>Elected Member</td>
<td>Anina Rich</td>
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<td>Elected Member</td>
<td>Tanya Van Der Wall</td>
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<td></td>
<td>Elected Member</td>
<td>Sascha Rundle</td>
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<tr>
<td>Chess Club</td>
<td>Chair</td>
<td>Anita O’Hart</td>
<td><a href="mailto:chess@monavalepspca.com.au">chess@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Assistant</td>
<td>Bradley Dixon</td>
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<td></td>
<td>Treasurer</td>
<td>Vacant</td>
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<td>Social &amp; Events</td>
<td>Chair</td>
<td>Amanda Paul</td>
<td><a href="mailto:events@monavalepspca.com.au">events@monavalepspca.com.au</a></td>
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<td></td>
<td>Assistant</td>
<td>Vacant</td>
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<td>Treasurer</td>
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<tr>
<td>Uniform</td>
<td>Chair</td>
<td>Trudi Seymour</td>
<td><a href="mailto:uniform@monavalepspca.com.au">uniform@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Assistant</td>
<td>Veronica Sewell</td>
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<td></td>
<td>Treasurer</td>
<td>Nadine Phipps</td>
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<tr>
<td>Band</td>
<td>Chair</td>
<td>David Wilkinson</td>
<td><a href="mailto:band@monavalepspca.com.au">band@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Assistant</td>
<td>Therese Hall</td>
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<tr>
<td>Canteen</td>
<td>Chair</td>
<td>Christina</td>
<td><a href="mailto:Canteen@monavalepspca.com.au">Canteen@monavalepspca.com.au</a></td>
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<tr>
<td></td>
<td>Assistant</td>
<td>Giannakakis</td>
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<td>Treasurer</td>
<td>Vacant</td>
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<tr>
<td>P&amp;C Parent Teacher</td>
<td>Representative</td>
<td>Louise Conn</td>
<td><a href="mailto:louiseconn.design@gmail.com">louiseconn.design@gmail.com</a></td>
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<tr>
<td>Coordinator</td>
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<tr>
<td>Child Protection</td>
<td>Representative</td>
<td>Mark Thornton</td>
<td><a href="mailto:childprotection@monavalepspca.com.au">childprotection@monavalepspca.com.au</a></td>
</tr>
<tr>
<td>School App – Business</td>
<td>Representative</td>
<td>Jack Pfeiffer</td>
<td><a href="mailto:businessdirectory@monavalepsca.com.au">businessdirectory@monavalepsca.com.au</a></td>
</tr>
<tr>
<td>Directory</td>
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<tr>
<td>P&amp;C Technical Support</td>
<td>Representative</td>
<td>Will Hill</td>
<td><a href="mailto:techsupport@monavalepscpa.com.au">techsupport@monavalepscpa.com.au</a></td>
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<tr>
<td>(Mail/App)</td>
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Thank you for giving me the privilege of being your P&C President again this year. As always please feel free to contact me if you have any questions about the MVPS P&C.

Best Regards

Mark Welch
President, MVPS Parents and Citizens Association.
(m) 0400326119 (e) president@monavalepspca.com.au
Week 6 nearly over!
The canteen needs 8 volunteers to reach its optimum service rate 😊
That’s one parent per Kindy class or one parent per school year plus an extra.
The canteen’s need is Thursdays or Fridays as these are our busiest days for lunch orders.
No experience necessary. Come along with a friend or come along and make a friend.
Lots of choices at recess for the kids – prices vary – generally around $1-$2; muffins, pizza, quiches, cheese toasties.

Here’s the Roster for the next couple of weeks:

<table>
<thead>
<tr>
<th>Monday 7th</th>
<th>Tuesday 8th</th>
<th>Wednesday 9th</th>
<th>Thursday 10th</th>
<th>Friday 11th</th>
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</thead>
<tbody>
<tr>
<td>Emily Wearne</td>
<td>Linda Newman</td>
<td>Anthea Froggett</td>
<td>Helen Mijacovic</td>
<td>Sandra</td>
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<tr>
<td>Therese Creed</td>
<td>Deanne Bennett</td>
<td>Natalie Wood</td>
<td>HELP NEEDED</td>
<td>Corrina</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Julie</td>
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<table>
<thead>
<tr>
<th>Monday 14th</th>
<th>Tuesday 15th</th>
<th>Wednesday 16th</th>
<th>Thursday 17th</th>
<th>Friday 18th</th>
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<tbody>
<tr>
<td>Angus Gamson</td>
<td>Kristee Humphrey</td>
<td>Jack Pfeiffer</td>
<td>Hannah Jones</td>
<td>Jenelle Stockan</td>
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<tr>
<td>Elham Shams</td>
<td>Donna Radinovic</td>
<td>Craig Raikuna</td>
<td>Lauren Rubin</td>
<td>HELP NEEDED</td>
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<td></td>
<td>Brian Gidney</td>
<td>Jason Death</td>
<td>Helen Mijacovic</td>
<td>Michelle Tasker</td>
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</table>

Rebecca O'Donnell
Canteen Coordinator
9997 2442
The uniform shop will be closed next Monday 7th March. Sorry for any inconvenience.

<table>
<thead>
<tr>
<th>Wk3</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>8th - 12th March</td>
<td>CLOSED</td>
<td>8.30-10.30 Volunteer needed</td>
<td>8.30-10.30 Volunteer needed</td>
<td>Nicola Hartley</td>
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<tr>
<td>Wk4</td>
<td>15th - 19th March</td>
<td>2.30-3.15 Volunteer needed</td>
<td>8.30-10.30 Volunteer needed</td>
<td>8.30-10.30 Volunteer needed</td>
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Volunteers are always needed so if you can spare a couple of hours once or twice a month, please email me your Contact details to uniformshop@monavalepspca.com.au.

Profits made during the year in the uniform shop are given back to the P&C to support initiatives.

Regards

Kylie Webb
Uniform Shop Supervisor

**Dates For Your Diary**

<table>
<thead>
<tr>
<th>Week 7</th>
<th>Monday March 7th</th>
<th>Tuesday March 8th</th>
<th>Wednesday March 9th</th>
<th>Thursday March 10th</th>
<th>Friday March 11th</th>
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<tbody>
<tr>
<td></td>
<td>Year 6 Interrelate</td>
<td>4:30pm Kindergarten Parent information evening - Literacy (in KR/KO classroom see flyer attached)</td>
<td>Support classes K-6C &amp; 3-6S @ nippers</td>
<td>Year 7 Selective HS test</td>
<td>Life Education Van visits continue</td>
</tr>
<tr>
<td></td>
<td>Zone Swimming Carnival</td>
<td></td>
<td>Life Education Van arrives</td>
<td></td>
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<td></td>
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<td>Kindergarten – Police Education visit</td>
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</table>
For the full calendar please visit our website

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday March 14th</th>
<th>Tuesday March 15th</th>
<th>Wednesday March 16th</th>
<th>Thursday March 17th</th>
<th>Friday March 18th</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Life Education Van visits continue</td>
<td>4:30pm Kindergarten Parent information evening - Numeracy (in KR/KO classroom see flyer attached)</td>
<td>Life Education Van visits continue</td>
<td>Life Education Van visits continue</td>
<td>Life Education Van visits continue</td>
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<tr>
<td></td>
<td>Year 6 Interrelate</td>
<td>Life Education Van visits continue</td>
<td>Chess Tournament</td>
<td>Year 4 &amp; 5 Just like you program</td>
<td>Northcott Swimming Carnival for support classes</td>
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<td>Year 2 Powerhouse Museum Excursion</td>
<td>PCS Extension Test High School 2017</td>
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**2016 SCHOOL TERM DATES**

**Term 1:** Staff Development Day - Wednesday 27th January
Students return - Thursday 28th January (Years 1-6)
Kindergarten Best Start Assessments - Thursday 28th, Friday 29th January & Monday 1st February
Kindergarten starts - Tuesday 2nd February
Last day for students - Friday 8th April

**Term 2:** Staff Development Day – Tuesday 26th April
Students return – Wednesday 27th April
Last day for students – Friday 1st July

**Term 3:** Staff Development Day - Monday 18th July
Students return – Tuesday 19th July
Last day for students – Friday 23rd September

**Term 4:** Students and Staff return – Monday 10th October
Last day for students – Friday 16th December
Kindergarten parents are invited to attend an afternoon session to learn how literacy skills are taught in the first year of school, and how you can help at home.

We hope to see you there!
NUMERACY IN THE KINDERGARTEN CLASSROOM

Tuesday 15th March
4:30pm
KR/KO Classroom

Kindergarten parents are invited to attend an afternoon session to learn how Numeracy skills are taught in the first year of school, and how you can help at home.

We hope to see you there!